STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State/Territory:_____

DEFINITION OF SPECIALIZED SERVICES

A.   Specialized Mental Health Services for the Mentally Ill are defined as the continuous and aggressive implementation of an individual Plan of Care that is developed under and supervised by a physician in conjunction with an interdisciplinary team of qualified mental health professionals. The Plan of Care specifies therapists and activities for the treatment of persons with major mental illness. The Plan is directed toward diagnosing and reducing the resident's behavioral symptoms that would otherwise necessitate institutionalization.

Two levels of service for the mentally ill are;

1.   <u>Enhanced mental health program</u>:

       a.   A continuous program designed for the specific needs of each mentally ill person who requires those services.

       b.   The implementation of specialized and generic training, specific therapies, treatments and mental health interventions and activities, health services and other related services to meet the individual needs.

       c.   Specialized services and treatment plans are developed and supervised by an interdisciplinary team which includes a physician, a qualified mental health professional and other, as appropriate, professionals trained and experienced in treatment of the mentally ill.

       d.   Individuals who do not need in-patient psychiatric care, but require mental health interventions at a level more intense than can be provided at a general mental health services level.

       e.   Services must be provided by trained mental health professionals.

       f.   Services are provided less than 24 hours per day on-site but the contingency for more intense services are available.

2.   <u>General mental health services</u>:

       a.   Services would be provided to mentally ill individuals who do not require the specialized mental health program level of care.

       b.   Intervention would be provided by mental health professionals.